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Just For Today: Daily Meditations For Recovering Addicts



Synopsis

The twelve steps and Twelve traditions reprinted for adaptation by permission of AA World Services, Inc.--T.p. verso.

Book Information

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Customer Reviews

This is one of the most important books to any recovering addict. Inside we find hope and courage, and the knowlege that we are not alone. If for any reason you are looking at this book, you need to buy it. Or go to a local AA or NA meeting and get it there. Be safe and sober and serene.

Simple messages for people who like to complicate life. I've lost track of how many times, the daily meditation has been exactly what I need to hear. I read it every morning, and every night, it really helps me deal with "stinking thinking". Highly Recommended for all addicts.

Excellent book for anyone in recovery. A must have read for daily positive affirmations to believe that you are a wonderful person and being sober can bring joy and happiness and laughter into your heart and life. I have 27 years of sobriety and I Bought this book for my daughter for her to use on her journey to recovery.

This is a great daily meditation book for addicts in recovery. It is available for only 7.70 brand new from the NA website, [...] where you can also find meetings near you.

This book is a daily read in my household. Don't be fooled into thinking it is just for addicts. I find that the information in this book has been phenomenal for myself, my insights, and my relationships.

This book gives me fresh insights that I can apply to my daily life...and improve my life in every way.
APPLIES TO ALL PEOPLE NOT JUST ADDICTS!

I am a member of NA, but I did not have this book until now. Wow! It really encourages me and lifts me up every morning I read it! I highly recommend it as a gift to any recovering addict. If you are the parent, grandparent, or friend of a drug addict who is in recovery, I encourage you to get them this book. I was a IV meth addict for 11 years, but since coming to NA, being part of my church group and having literature like this I now have 2 years clean. I thought it was impossible, but this book is one thing that helped me get this far. Buy it! They will thank you!!

This is a "must have" book for those in recovery from the disease of addiction. It's been around a while, and will endure. had a good [price for this Meditation book; the arrival was timely and it was in perfect condition. This was a gift for a girl in prison who has little, and she was overjoyed with it. continues to provide books in every category; something for everyone. I will continue to get mine here at "The Source" ().

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